

Ashfield Voluntary Action

**STEP BY STEP**

A MENTAL HEALTH PROJECT



Nottinghamshire  
County Council



Together  
we are better

Come along, play, learn, listen, have fun

# MUSIC GROUP

Starting Friday  
19<sup>th</sup> January  
10am-12pm



Ashfield Voluntary Action  
Ashfield Health & Wellbeing Centre  
Portland Street  
Kirkby-in-Ashfield, NG17 7AE

**Adults of all ages and abilities welcome**

For more information on the sessions contact:

- Your local Co-Production Development Worker:  
01623 651 177 or [co.production@nottscc.gov.uk](mailto:co.production@nottscc.gov.uk)
- Step by Step Project Officer: 01623 555 551 or  
[p.bramley@ashfieldvoluntaryaction.org.uk](mailto:p.bramley@ashfieldvoluntaryaction.org.uk)