



Ashfield
VOLUNTARY ACTION

Re-connect

**Weekly groups at
Ashfield Voluntary Action**

Everyone Welcome!

Ashfield Voluntary Action

Getting Back Out There

Are you ready to re-connect with people?

Take this opportunity to have a go at new things, improve your confidence, meet new people and get your well-being back on track.

AVA's weekly groups are available to adults and are all friendly, supportive and welcoming. Groups are small and not overwhelming with a cuppa always at the ready.

Contact us for further information

01623 555 551

Give it a try!



MEN'S MEET UP

Have a good cuppa and meet new people

Come along to the drop in session
Every Thursday at 1pm - 2pm

AT THE FAVA KIOSK, IN THE
RECEPTION AREA OF ASHFIELD
HEALTH & WELLBEING CENTRE,
PORTLAND ST., NG17 7AE



CALL AVA ON 01623 555 551



Garden and Chat

Thursday 1.00—3.00

Whether you have green fingers or a brown thumb, come along to our relaxed and friendly garden & chat group.

There is always plenty to do but if a chat and a cup of tea enjoying the garden is more your style, then we very much look forward to welcoming you too!

Contact us to find out more

01623 555 551

Ashfield Voluntary Action, Miller Suite, Ashfield Health & Wellbeing Centre, Portland Street,
Kirkby in Ashfield, Notts, NG17 7AE www.ashfieldvoluntaryaction.org.uk





PHOTOGRAPHY WITH MICK



JOIN MICK TO LEARN TIPS AND TRICKS
FOR TAKING BEAUTIFUL PHOTOS!

MEETING IN OUR LOVELY GARDEN ROOM
EVERY THURSDAY 10AM-12PM

ASHFIELD VOLUNTARY ACTION, ASHFIELD HEALTH &
WELLBEING CENTRE, PORTLAND STREET, NG17 7AE

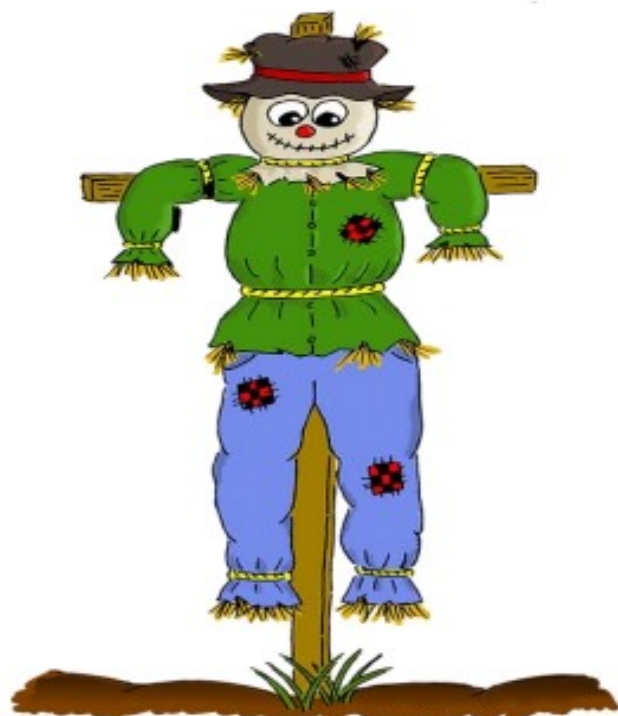
*Free, with
refreshments
included!*

Booking Essential

To book, contact Sam at 01623 555 551 or
email s.clarke@ashfieldvoluntaryaction.org.uk



Ashfield Voluntary Action



Open Spaces Garden Project

Have you got a couple of hours a week to help tidy and create welcoming gardens at the Ashfield Health & Wellbeing Village?

Green fingers or brown thumbs, everyone is welcome.

Call Yvonne on 01623 555 551 (Tuesday to Friday) to find out more. Or contact info@ashfieldvoluntaryaction.org.uk

Everyone
Welcome



Ashfield
VOLUNTARY ACTION

Games, Tea & Chat

Thursday 1.00—3.00

Join us for an afternoon of board games, chatting, tea & biscuits in the lovely garden room at Ashfield Voluntary Action.

Friendly
& Fun

Contact us to find out more
01623 555 551

Ashfield Voluntary Action, Miller Suite,
Ashfield Health & Wellbeing Centre, Portland Street,
Kirkby in Ashfield, Notts, NG17 7AE
www.ashfieldvoluntaryaction.org.uk



All Abilities Welcome

Fun, Friends & Fitness

First Session Free

Join us for our fun dance fit sessions,
have a cuppa and meet up with friends

Thursday 1.00 - 3.00

The Acre Young People's Centre, Kirkby-in-Ashfield

Call Jenni or Sam to find out more:
01623 555 551

Starts
Thursday 12
January
2023

Refreshments Included

£5.00
per session

Talking Tuesdays

1.30 p.m. — 3.30 p.m.

Lonely? Lots on your mind?

**Join others for a warm
welcome and a cuppa**

**Every Tuesday at Ashfield
Health & Wellbeing Centre**

To find out more call Samantha on

01623 555 551 or email

s.clarke@ashfieldvoluntaryaction.org.uk



Ashfield
VOLUNTARY ACTION



Do us a fava...

Volunteering

Have you thought about volunteering?

Ask about the variety of opportunities we have available. Just 15 minutes per week could make a huge difference to someone living in Ashfield.

Contact Ellen to find out more!

01623 555 551

**Chatty Crafters is a
Fundraising FAVA's group!**



Do us a fava...

Chatty Crafters

Wednesdays

10.00 — 12.30

EVERYONE WELCOME

**No skills or experience is necessary;
enthusiasm is all that is required!**

**This Fundraising Friends of Ashfield
Voluntary Action group makes it all -
from bookmarks & bags to
sweet treats & skirts.**

Ashfield Voluntary Action
Ashfield Health & Wellbeing Centre
Portland Street
Kirkby in Ashfield NG17 7AE

Tel : 01623 555 551





Our befrienders provide companionship and support to people in Ashfield who are socially isolated, through regular telephone calls.

If you have an hour or two a week to spare, then why not join our amazing team of volunteers supporting people in the community.



Ashfield
VOLUNTARY ACTION

To learn more and request an application form, call us on 01623 555 551 or send an email to info@ashfieldvoluntaryaction.org.uk



Do us a fava...

Volunteering

Contact Ellen to find out more

01623 555 551

PATHWAYS

**Taking the first steps to
employment & volunteering**



**Call us to find out
more!**

01623 555 551



Ashfield
VOLUNTARY ACTION



LGBT+ WEEKLY DROP-IN

Come and join us for a chat!

EVERY MONDAY
~ 1PM - 2PM ~

AT THE FAVA KIOSK
(in the reception area of
the Ashfield Health &
Wellbeing Centre, Portland
St., Kirkby-in-Ashfield)



Ashfield
VOLUNTARY ACTION



IN TOUCH

HELPING YOU TO CONNECT DIGITALLY

EVERY MONDAY AND WEDNESDAY

ASHFIELD HEALTH & WELLBEING CENTRE 10.00 - 12.00 & 1.00 - 3.00

**CONTACT SARAH TAYLOR ON 01623 555 551
FOR MORE INFORMATION**



Ashfield
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Ashfield

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Ashfield Voluntary Action
Ashfield Health & Well-being Centre
Portland Street
Kirkby-in-Ashfield
Notts
NG17 7AE

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