

Support for adults with mental health difficulties in the district of Ashfield.

- ✓ To reduce isolation and exclusion of adults with mental health difficulties in the district of Ashfield.
- ✓ To provide supportive and positive environments for people with mental health difficulties.



Ashfield Voluntary Action Step by Step Project | Miller Suite | Ashfield Health & Wellbeing Centre | Portland Street | Kirkby in Ashfield | NG17 7AE

Ashfield Voluntary Action has been given Big Lottery funding, to deliver the Step by Step mental health project in the district of Ashfield.

If you live in Ashfield including the following areas, you can access the project by self-referral or professional referral:

- ✓ Kirkby-in-Ashfield
- ✓ Annesley
- ✓ Selston
- ✓ Jacksdale
- ✓ Underwood
- ✓ Sutton-in-Ashfield
- ✓ Stanton Hill
- ✓ Skegby
- ✓ Hucknall
- ✓ Huthwaite

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