

Megan's Story



Ashfield
VOLUNTARY ACTION

When I was at the Princes Trust I had to look for work experience, but at the time work experience opportunities were pretty much non-existent because of Covid and Lockdown. I emailed AVA and got a call back in March 2021 asking if I would be interested in volunteering.

I was nervous at first. Part of my role included answering the phone and the door, I was worried because sometimes when I am nervous I can get a bit muddled with my words and when I am at home I don't usually answer the door because I cannot get to it easily.

I began volunteering in March '21 and I feel so much more confident now about using the phone and just meeting new people - my family have noticed too and commented on it. I quite like answering the door here as I get to meet new people all the time and it can be quite busy.

One of the things I most like about volunteering is that I get to do things that are totally different to what I have done before and I get to try things out. When you're younger it gives you the opportunity to get a better idea of what you want to do and what you might be interested in as a full-time job.

The other thing I like about volunteering is that in the past I had to do work experience - we told to do it, there was always a reason; it was part of my course work and I usually had to write-up about it. Now I just do it because I want to, nobody is telling me I have to and it's quite good fun.





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Would you like to meet new people, learn new skills, make friends and give something back to your community?

Maybe volunteering is your next step?

Contact Ashfield Voluntary Action to find out more

☎ 01623 555 551

