

Simon's Story



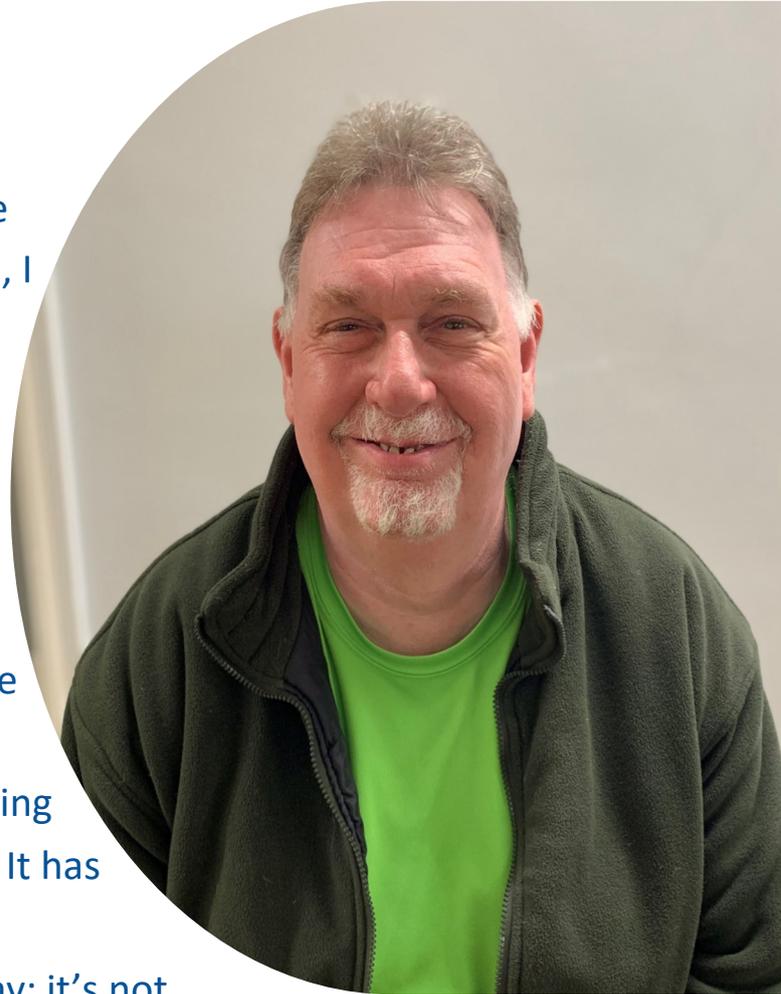
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I retired from Education in August 2021. Because of the skills I'd developed over the last twenty years from working in inclusion, I didn't want my experience of building confidence and self-esteem in others to go to waste. I thought about how I could put this to use, looked online for volunteering opportunities and AVA jumped out at me.

I had a chat with the team at AVA about the volunteering opportunities that involved engaging with people and began volunteering for the digital inclusion project - 'In Touch'. It has been great. It is such a nice, free and easy atmosphere. I really like working in that way; it's not rigid, and I think you get the best of people by working in a relaxed environment. It has filled a gap for me and given me a new direction, I've got quite a bit of time on my hands at the moment and have used volunteering to reflect and go in a new direction - it has been a good motivator for me.

If you are thinking of volunteering I would say come along, have a look and talk to everyone at AVA. Think about what you have to offer; everyone has skills and I think that sometimes it's easy to forget how we can contribute. If you are feeling nervous, there is nothing to worry about, there is something for everyone here and I think that anyone could be accommodated.

As for the 'In Touch' project, it's a little gem waiting to be discovered. So why not come along and see what's on offer, it's a really friendly space and I've enjoyed being part of the team.





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Would you like to meet new people, learn new skills, make friends and give something back to your community?

Maybe volunteering is your next step?

Contact Ashfield Voluntary Action to find out more

☎ 01623 555 551

