



## **VOLUNTEER BEFRIENDER**

**ACCESS TO A  
COMPREHENSIVE  
TRAINING  
PROGRAMME**



**MINIMUM OF ONE HOUR PER WEEK,  
EVERY WEEK.**

**WE ARE RECRUITING FOR VOLUNTEERS  
WITH GOOD WEEKDAY DAYTIME  
AVAILABILITY IN ASHFIELD DISTRICT.**

## WHO

Age UK Nottingham and Nottinghamshire is the largest local independent charity providing a wide range of services for older people in Nottingham and Nottinghamshire. There will be an application form to fill in, DBS check and informal interview.

## WHAT

The service user will be local to the volunteers post code. You will visit a service user in their own home (or telephoning them) on a regular basis. Provide friendship chatting and socialising, and depending on the needs of the person may go out for a cuppa, or shop with them. You will give regular feedback to your volunteer co-ordinator.

## GOOD TO KNOW

You will be given ongoing support, the opportunity to learn new skills, meet new people and add experience to your CV. We are looking for people with a genuine interest in the wellbeing of older people, flexibility and the ability to travel to addresses in the local community either by car or public transport.